

Marshall County Schools

Five Week Cycle Menu 2022-2023

Breakfast Served in the Cafeteria -
Elementary Schools






Educating Kids -
Building Communities

The following items will also be offered daily.
Students may select one item from each group
of items.

- Whole Grain Cereal- Variety
- Assorted Fresh or Canned Fruits
- 100% Fruit Juice Variety
- Varieties of Fat Free or Low Fat Milk

At A Minimum Each Student Must Select:
1/2 Cup of Fruit or Fruit Juice
and
Two Other Items

As a Maximum the most a student may select is
one of each item in each group of items.

Monday	Tuesday	Wednesday	Thursday	Friday
Cooks Choice	Soft Filled Cinnamon Toast Crunch Triple Berry Crunch Bar	Mini Pancakes - Confetti or Maple	Scrambled Eggs English Muffin	Chicken Slider 
	Breakfast Week One			
Churros Apple or Raspberry Yogurt	Egg and Cheese on English Muffin 	French Toast - Mini Chocolate Chip or Original	Cinnamon Rolls	Granola Bites Mozzarella Cheese stick
	Breakfast Week Two			
Chicken Slider	Omelet - Eggs and Cheese Toast	Muffins Chocolate Chip Or Blueberry	Whole Grain Pastry 	Pancake on a Stick
	Breakfast Week Three			
Cinnamon Rolls	Egg, Cheese and Bacon Breakfast Pizza	Waffles - Mini Cinnamon or Maple	Sausage & Egg Biscuit or Slider	Elfin Loaf Banana or Blueberry Yogurt
	Breakfast Week Four			
Breakfast Breads - Variety Banana or Lemon Slices	Granola Bites Mozzarella Cheese Stick	Pull Apart Cinnamon Rolls	Sausage Breakfast Pizza	Chocolate Crescent Pastry
	Breakfast Week Five			

Menus subject to change

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