Marshall County Schools Five Week Cycle Menu

Breakfast Served in the Classroom- All **Schools**

The Following Items will also be offered Daily:

Fruit - Fresh or Canned 100% Fruit Juice

Varieties of Fat Free or Low Fat Milk



Each Student Must Select at a Minimum-1/2 Cup of Fruit or Juice and

Two Other Items

As a Maximum the most a student may select is one of each item in each group of items.

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
Cooks Choice	Soft Filled Cinnamon Toast Crunch Triple Berry Crunch Bar	Mini Pancakes - Confetti or Maple	Chocolate Oatmeal Bar	Chicken Slider
Rise & Shine		Breakfast Week One		
Churros Apple or Raspberry Yogurt	Egg and Cheese on English Muffin	French Toast - Mini Chocolate Chip or Original	Cinnamon Rolls	Granola Bites Mozzarella Cheese stick
		Breakfast Week Two		
Chicken Slider	Breakfast Bar Cookies n' Crème or Trix	Muffins Chocolate Chip Or Blueberry	Whole Grain Pastry	Pancake on a Stick
		Breakfast Week Three		
Cinnamon Rolls	Breakfast Pizza Bagel Egg and Cheese	Waffles - Mini Cinnamon or Maple	Sausage & Egg Biscuit or Slider	Elfin Loaf Banana or Blueberry
		Breakfast Week Four		Yogurt
Breakfast Breads - Variety Banana or Lemon Slices	Granola Bites Mozzarella Cheese Stick	Pull Apart Cinnamon Rolls	Sausage Breakfast Pizza	Chocolate Crescent Pastry
		Breakfast Week Five		

GRAB**⊠**GO

Menu Subject to Change

Visit us on the web at www.mcsbefit.com